

In-Year Training Schedule

	RO No.	19-036	19-037	19-038	19-039	19-040	19-041	19-042	
	Date	4-Sep-19	11-Sep-19	18-Sep-19	25-Sep-19	2-Oct-19	9-Oct-19	16-Oct-19	
Green Star	1	PO/EO No.	MX05.01	M108.01	M108.02	M108.03	M108.04	M106.03	MX04.03
		PO Title	Physical Activities	Drill	Drill	Drill	Drill	Marksmanship	Fitness & Health
		EO Title	Participate in Physical Activities	Adopt the Positions of Attention, Stand at Ease, and Stand Easy	Execute a Salute at the Halt Without Arms	Execute Turns at the Halt	Close to the Right and Left	Apply Basic Marksmanship Techniques	Participate in the CFA and Identify Strategies for Improving Personal
	2	Instructor Location	Parade Square	WO Bedal Z Parade Square	DME McGibbon Green Star Room	WO Bedal J Parade Square	WO Fernandes Green Star Room	Parade Square	Parade Square
		PO/EO No.	MX05.01	M107.01	M107.02	M106.01	M107.03	M106.03	MX04.03
		PO Title	Physical Activities	GCK	GCK	Marksmanship	Marksmanship	Marksmanship	Fitness & Health
	3	EO Title	Participate in Physical Activities	Participate in a Discussion on Green Star Training	Identify Army Cadet Ranks and Officer Ranks	Identify the Parts and Characteristics of the Daisy 853C Air Rifle	Observe Rules and Procedures for the Paying of Compliments	Apply Basic Marksmanship Techniques	Participate in the CFA and Identify Strategies for Improving Personal
		Instructor Location	Parade Square	Capt Cameron Parade Square	Capt Lima Green Star Room	WO Bedal Z Green Star Room	WO Bedal J Green Star Room	Parade Square	Parade Square
		PO/EO No.	MX05.01	M121.01	M121.01	M106.02	M103.01	M106.03	MX04.03
Red Star	1	PO Title	Physical Activities	Navigation	Field Training	Leadership	Leadership	Marksmanship	Fitness & Health
		EO Title	Participate in Physical Activities	Review Green Star Navigation	Identify Section Equipment	Discuss Leadership Within a Peer Setting	Employ Problem Solving	Participate in a Recreational Marksmanship Activity	Participate in the CFA and Identify Strategies for Improving Personal
		Instructor Location	Parade Square	WO Casey Red Star Room	Lt Lacey Red Star Room	WO Cameron Red Star Room	MWO McKelvey Red Star Room	Parade Square	Parade Square
	2	PO Title	Physical Activities	M222.01	M222.03	M203.02	M203.06	M206.01	MX04.03
		EO Title	Participate in Physical Activities	Review Green Star Navigation	Identify Compass Parts	Discuss the Principles of Leadership	Employ Problem Solving	Participate in a Recreational Marksmanship Activity	Participate in the CFA and Identify Strategies for Improving Personal
		Instructor Location	Parade Square	WO Casey Red Star Room	Lt Lacey Red Star Room	WO Stewart Red Star Room	MWO McKelvey Red Star Room	Parade Square	Parade Square
	3	PO Title	Physical Activities	M221.02	M208.01	M203.03	M203.07	M206.01	MX04.03
		EO Title	Participate in Physical Activities	Field Training	Drill	Leadership	Leadership	Marksmanship	Fitness & Health
		Instructor Location	Parade Square	WO Dudgeon Red Star Room	DME McGibbon Parade Square	WO Casey Red Star Room	2Lt Routhier Red Star Room	Red Star Room	Parade Square
Silver Star	1	PO Title	Physical Activities	IT	Outdoor Leadership	GCK	IT	Marksmanship	Fitness & Health
		EO Title	Participate in Physical Activities	Explain Principles of Instruction	List the Competencies of an Outdoor Leader	Identify Silver Star Training Opportunities	Select Appropriate Instructional Aids	Participate in a Recreational Marksmanship Activity	Participate in the CFA and Identify Strategies for Improving Personal
		Instructor Location	Parade Square	WO Cameron Silver Star Room	CI Green Silver Star Room	2Lt Routhier Silver Star Room	WO Stewart Silver Star Room	Parade Square	Parade Square
	2	PO Title	Physical Activities	M309.01	M325.02	M309.03	M309.05	M306.01	MX04.03
		EO Title	Participate in Physical Activities	Explain Principles of Instruction	List the Competencies of an Outdoor Leader	Describe Effective Speaking Techniques	Select Appropriate Instructional Aids	Participate in a Recreational Marksmanship Activity	Participate in the CFA and Identify Strategies for Improving Personal
		Instructor Location	Parade Square	WO Cameron Silver Star Room	CI Green Silver Star Room	MWO McKelvey Silver Star Room	WO Stewart Silver Star Room	Parade Square	Parade Square
	3	PO Title	Physical Activities	M325.01	M325.03	M309.04	C308.02	M306.01	MX04.03
		EO Title	Participate in Physical Activities	Outdoor Leadership	Outdoor Leadership	IT	Drill	Marksmanship	Fitness & Health
		Instructor Location	Parade Square	2Lt Routhier Silver Star Room	2Lt Routhier Silver Star Room	WO Pitcher Silver Star Room	MWO Vanderslius Silver Star Room	Silver Star Room	Parade Square
Gold Star	1	PO Title	Physical Activities	GCK	PSRY Training	Drill	IT	Marksmanship	Fitness & Health
		EO Title	Participate in Physical Activities	Identify Gold Star Training Opportunities	Positive Social Relations for Youth	Discuss Commanding a Platoon on Parade	Identify Methods of Instruction	Participate in a Recreational Marksmanship Activity	Participate in the CFA and Identify Strategies for Improving Personal
		Instructor Location	Parade Square	Lt James Gold Star Room	Gold Star Room	MWO Vanderslius Parade Square	Gold Star Room	Parade Square	Parade Square
	2	PO Title	Physical Activities	M425.01	400.00	M409.02	M409.01	M406.01	MX04.03
		EO Title	Participate in Physical Activities	Outdoor Leadership	PSRY Training	IT	IT	Marksmanship	Fitness & Health
		Instructor Location	Parade Square	MWO McKelvey Gold Star Room	Gold Star Room	WO Beaton Gold Star Room	Gold Star Room	Parade Square	Parade Square
	3	PO Title	Physical Activities	M425.02	400.00	M408.02	M409.02	M406.01	MX04.03
		EO Title	Participate in Physical Activities	Outdoor Leadership	PSRY Training	Drill	IT	Marksmanship	Fitness & Health
		Instructor Location	Parade Square	MWO McKelvey Gold Star Room	Gold Star Room	MWO Vanderslius Parade Square	Gold Star Room	Parade Square	Parade Square
Master Cadet	1	PO Title	Physical Activities	LEAD	M502.01	LEAD	LEAD	LEAD	MX04.03
		EO Title	Participate in Physical Activities	Leadership / Instruction	Community Svc	Leadership / Instruction	Leadership / Instruction	Leadership / Instruction	Fitness & Health
		Instructor Location	Parade Square	Leadership / Instruction	Perform 45 Hours of Individual Community Service	Leadership / Instruction	Leadership / Instruction	Leadership / Instruction	Participate in the CFA and Identify Strategies for Improving Personal
	2	PO Title	Physical Activities	LEAD	M502.01	LEAD	LEAD	LEAD	MX04.03
		EO Title	Participate in Physical Activities	Leadership / Instruction	Community Svc	Leadership / Instruction	Leadership / Instruction	Leadership / Instruction	Fitness & Health
		Instructor Location	Parade Square	Leadership / Instruction	Perform 45 Hours of Individual Community Service	Leadership / Instruction	Leadership / Instruction	Leadership / Instruction	Participate in the CFA and Identify Strategies for Improving Personal
	3	PO Title	Physical Activities	LEAD	M502.01	LEAD	LEAD	LEAD	MX04.03
		EO Title	Participate in Physical Activities	Leadership / Instruction	Community Svc	Leadership / Instruction	Leadership / Instruction	Leadership / Instruction	Fitness & Health
		Instructor Location	Parade Square	Leadership / Instruction	Perform 45 Hours of Individual Community Service	Leadership / Instruction	Leadership / Instruction	Leadership / Instruction	Participate in the CFA and Identify Strategies for Improving Personal

Dress	CAF Mbrs:	CADPAT	CADPAT	CADPAT	CADPAT	CADPAT	No. 3	CADPAT
	Cadets:	PT	C5	C5	C5	C5	C1/H1 Ceremonial	C5